



Resources for Health Related and Family Support Information

The Health Translations Directory

The Health Translations Directory is an initiative from the Victorian Government of Australia. The Health Translations Directory provides direct links to reliable translated health resources produced in Australia hosted on third-party websites.

<http://healthtranslations.vic.gov.au/>

The Cancer Council Victoria

The Cancer Council Victoria provides detailed information about all cancer types, cancer treatments and prevention, as well as support services.

http://www.cancervic.org.au/about-cancer/cancer_types

The Better Health Channel

The Better Health Channel website provides health and medical information to help people understand and manage their health and medical conditions.

<https://www.betterhealth.vic.gov.au/>

The Heart Foundation

The Heart Foundation website provides comprehensive information about cardiovascular disease, currently the major cause of death in Australia.

For general information click on: <https://www.heartfoundation.org.au/>

For information on how your heart works and heart attack symptoms: <https://www.heartfoundation.org.au/your-heart/how-your-heart-works>

Dementia Australia

Dementia Australia provides a wide range of resources for patients, families and health professionals.

<https://www.dementia.org.au/>

The Brain Foundation

The Brain Foundation provides a helpful and comprehensive directory of disorders, diseases and injuries of the brain, spinal cord and nervous system.

<http://brainfoundation.org.au/disorders>

Diabetes Australia

Diabetes Australia provides a valuable source of information, advice, advocacy and programs.

<https://www.diabetesaustralia.com.au/>

Asthma Australia

Asthma Australia provides comprehensive information and resources for asthma sufferers.

<https://www.asthmaaustralia.org.au/national/about-asthma>

Mental Health Support

There are many online resources dedicated to mental health conditions, wellness and support:

<https://www.beyondblue.org.au/>

<https://kidshelpline.com.au/>

<https://www.sane.org/>

<https://www.lifeline.org.au/>